

REDUCING SHIP FUEL CONSUMPTION THROUGH INTEGRATED ROUTE AND SPEED OPTIMIZATION: A MATHEMATICAL MODELING APPROACH

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Keywords: ship routing, fuel optimization, speed reduction, MATLAB, marine efficiency

ABSTRACT

The global maritime sector is currently navigating a critical period, marked by the dual pressures of stringent international environmental regulations, and escalating marine fuel costs. These factors necessitate a fundamental shift in operational strategies to prioritize both decarbonization and economic efficiency. In addressing this challenge, this research introduces a novel dual-optimization model that integrates two crucial elements of voyage planning: optimal speed determination and dynamic route planning. While the benefits of individual optimization strategies are well-documented, this study focuses on quantifying the significant, synergistic fuel-saving potential realized when both parameters are optimized within a single, cohesive framework. A robust mathematical model was developed and subsequently implemented in MATLAB, allowing for the systematic calculation of fuel consumption across every segment of a voyage and the simultaneous optimization of both speed and routing variables. The model's efficacy was rigorously validated through a case study involving a representative container vessel conducting a voyage between two regional ports, utilizing actual, real-world operational data. The results demonstrate that the integrated approach achieved substantial fuel savings, registering an approximate 14% reduction in consumption when compared against conventional, fixed-speed operational methods. This work contributes a practical, accessible, and easily reproducible mathematical framework designed for direct application by marine engineers and voyage planners. By advancing integrated voyage optimization, this research offers a practical method for achieving greater sustainability and tangible cost efficiencies in daily maritime operations.

1. INTRODUCTION

Maritime transportation serves as the backbone of global trade, handling over 80% of the world's cargo by volume [1]. Despite its crucial role, the sector remains heavily dependent on fossil fuels and contributes significantly to greenhouse gas emissions. The International Maritime Organization's updated 2030 targets mandate a 20% reduction in greenhouse gas emissions and 40% carbon intensity reduction by 2030, with net-zero emissions targeted by 2050 [2]. These ambitious regulatory frameworks, alongside rising fuel prices, have intensified pressure on ship operators to minimize fuel consumption and pursue sustainable operational practices [3].

Two operational strategies have emerged as particularly effective in improving fuel efficiency. Slow steaming involves operating vessels at speeds lower than design specifications, capitalizing on the cubic relationship between speed and fuel consumption where even small reductions yield significant savings [4]. Route optimization entails selecting navigation paths that leverage favorable environmental conditions, minimizing external

resistance and reducing engine workload throughout voyages [5]. Recent research by Luo et al. [6] demonstrated that dynamic speed optimization considering meteorological conditions can reduce fuel consumption by 8–12%, while Timas et al. [7] showed that weather-informed route optimization achieves more than 7% reduction in fuel consumption, travel distance, and journey time.

Despite advancements in vessel design and navigation systems, much of the maritime industry relies on fixed routes and predetermined speeds due to scheduling constraints, habitual practices, or outdated planning techniques that fail to exploit optimization opportunities [8]. This creates inefficiencies impacting economic and environmental performance through increased fuel usage, elevated emissions, and reduced competitiveness. While commercial optimization technologies exist, practical barriers including database dependencies, programming requirements, and integration complexity limit onboard adoption [9]. Therefore, a user-friendly, mathematics-based optimization framework is needed that allows manual voyage data input without programming experience, uses accessible tools like MATLAB, and operates independently of extensive IT resources.

2. LITERATURE REVIEW

Fuel consumption optimization in marine transportation has attracted significant academic and industrial attention, particularly in recent years as regulatory pressures have intensified. The literature reveals two primary research streams: speed optimization and route optimization, with emerging studies examining their integrated application.

Speed optimization research continues to demonstrate substantial fuel-saving potential through both theoretical and empirical approaches. Psaraftis and Kontovas [10] established the foundational taxonomy of speed models for energy-efficient maritime transportation, demonstrating that reducing speed from design specifications to economically optimal levels can achieve fuel savings of 15–30% depending on vessel type and operational conditions. Their comprehensive framework provides the theoretical basis for understanding the cubic relationship between speed and power requirements. Building upon this foundation, Marashian et al. [11] recently presented a novel approach integrating empirical data and computational modeling techniques with engine configuration and speed optimization, achieving up to 3.3% fuel savings with conventional propulsion systems based on real operational data. Zhou et al. [12] developed a novel approach to enhancing prediction accuracy in ship fuel consumption by deriving functional relationships between propeller and main engine performance, establishing connections between fuel consumption and speed under varying environmental conditions. Luo et al. [6] advanced the field further by developing ship sailing speed optimization methods that consider dynamic meteorological conditions, demonstrating that adaptive speed strategies responding to changing weather patterns can reduce fuel consumption by 8–12% while maintaining schedule reliability.

Route optimization research has evolved significantly with the integration of advanced weather forecasting and computational algorithms. Chen et al. [13] provided a comprehensive review of state-of-the-art optimization algorithms in weather routing, demonstrating that optimizing routes and operational parameters including speed, power, and heading by considering metocean conditions yields substantial efficiency gains. Their analysis of mainstream algorithms provides valuable insights into computational approaches for practical implementation. Latinopoulos et al. [14] developed marine voyage optimization methodologies incorporating comprehensive weather factors including wind, waves, currents, and sea state, showing that voyage optimization considering multiple environmental variables significantly reduces fuel consumption. Timas et al. [7] introduced a two-step optimization process that minimizes overall costs between departure and destination across multiple intermediate waypoints, achieving more than 7% average reduction in fuel consumption, travel distance, and journey time through weather-informed routing and comprehensive evaluation of weather conditions and operational constraints. Guo et al. [15] advanced weather routing optimization by integrating roll dynamics with improved A* algorithms, providing insights into safe and efficient path planning under International Maritime Organization rule restrictions while considering vessel stability and safety constraints.

Recent studies have increasingly explored integrated optimization approaches that combine speed and route parameters. Shu et al. [16] developed a general model to assess algorithmic synergy in green shipping for joint path-speed optimization under dynamic ocean conditions, comparing four path planning algorithms and six speed optimization algorithms. Their results revealed that when minimizing fuel consumption, optimal algorithm combinations produced 15.77% improvement over alternative approaches, while when minimizing sailing time, different algorithm pairings achieved 9.30% reduction in maximum voyage duration. This demonstrates that algorithm selection significantly impacts optimization outcomes and that integrated approaches deliver superior performance. Nguyen et al. [17] applied machine learning-driven insights for optimizing ship fuel consumption through predictive modeling, showing that statistical analysis enables operators to create plans that maximize routes, reduce waste, and ensure ships operate within their most effective performance range. Earlier integrated studies by Aydin et al. [18] demonstrated 8-15% fuel savings through coordinated speed adjustments across multiple port calls when integrating speed optimization with bunkering strategies, while Norstad et al. [19] showed that integrated tramp ship routing and scheduling with speed optimization outperforms individual strategies by 5-12%.

Despite these advances, critical limitations remain in maritime fuel optimization research and applications. Few studies simultaneously optimize speed and route parameters within a unified framework accessible to marine engineers, with most recent research focusing on machine learning, artificial intelligence, or advanced computational methods that require specialized expertise and IT infrastructure. Advanced optimization tools typically demand internet connectivity, programming skills, or complex hardware integration, making them impractical for marine engineers operating with limited IT support in operational environments. Furthermore, while recent studies demonstrate impressive fuel savings through sophisticated algorithms, no models facilitate implementation using basic computational tools like MATLAB without programming requirements, highlighting the persistent need for accessible, mathematics-based solutions that can be deployed practically onboard vessels. This research addresses these limitations by proposing a comprehensive mathematical framework that integrates speed and route optimization within a unified MATLAB-based dual-optimization model, providing marine engineers with a practical tool for achieving substantial fuel savings without requiring advanced IT infrastructure, internet connectivity, or programming expertise.

3. METHODOLOGY

The proposed methodology adopts a systematic engineering approach designed to ensure practical usability and robust reproducibility. Figure 1 illustrates the complete workflow from data collection through optimization implementation. The objective involves precisely calculating fuel consumption for entire voyages segment by segment, subsequently optimizing both speed and routing parameters through adjustment of input variables while considering environmental conditions and operational constraints.

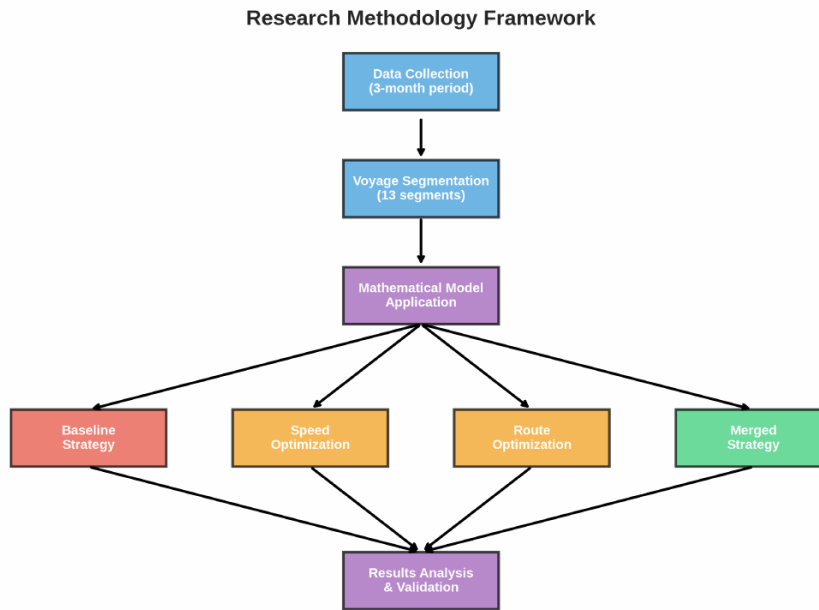


Figure 1: Methodology Flowchart

3.1 Data Collection and Voyage Segmentation

The research utilized operational data collected from a container vessel operating along the UAE coast between two regional ports. The vessel specifications are as follows: Gross Register Tonnage (GRT) of 11,173 tons, Length Overall (LOA) of 150 meters, equipped with a MAN B&W 8S35MC7 main engine rated at 5,920 kW, and total capacity of 1,200 TEU. Data collection spanned a three-month period, during which comprehensive voyage information was gathered including Electronic Chart Display and Information System (ECDIS) records, detailed ship log entries, and historical weather data from meteorological databases. This dataset forms the baseline for the entire research investigation.

The collected data encompassed multiple voyage parameters essential for accurate fuel consumption modeling. Distance measurements for each route segment were extracted from ECDIS records with precision to 0.01 nautical miles. Speed data was obtained from the vessel's navigation logs, recorded at 15-minute intervals throughout each voyage. Environmental conditions, particularly wind speed and direction, were retrieved from historical weather overlays integrated with ECDIS systems, providing segment-specific resistance factors. Engine performance data including fuel flow rates and power output were recorded from the main engine monitoring system, enabling validation of the mathematical model against actual consumption figures.

The complete voyage route of 107.89 nautical miles was systematically divided into 13 distinct segments to enable granular analysis of fuel consumption patterns. Segmentation was performed based on navigational waypoints where course changes occurred, ensuring each segment represented a relatively uniform operational condition. Four distinct strategies were evaluated: baseline strategy maintaining fixed speed and route parameters; speed optimization strategy adjusting vessel speed while maintaining original routes; route optimization strategy selecting alternative paths while maintaining constant speed; and merged strategy combining both optimizations for maximum efficiency gains. This approach allows the mathematical model to account for variations in distance, environmental resistance, and operational constraints across different portions of the voyage, providing more accurate optimization results than treating the entire route as a single unit.

3.2 Mathematical modeling approach

To accurately quantify fuel consumption for each voyage segment, this study employs a mathematical formula that accounts for both the ship's operational speed and environmental

resistance encountered, primarily from wind conditions. The fuel consumption for a given voyage segment i is mathematically modeled as follows:

$$FC_i = (\alpha \cdot v_i^3 + \beta \cdot w_i^2 + \gamma) \cdot \frac{d_i}{v_i} \quad (1)$$

Where:

FC_{*i*}: fuel consumption (MT) for segment i

v_i : ship speed in knots

d_i : segment distance in nautical miles

w_i : wind factor representing resistance due to wind (dimensionless)

This formulation is grounded in fundamental marine propulsion theory, where the relationship between vessel speed and power requirement follows a cubic function [9]. The term $\alpha \cdot v_i^3$ represents the propulsive power needed to overcome hydrodynamic resistance, which increases with the cube of velocity according to established naval architecture principles. The quadratic term $\beta \cdot w_i^2$ captures additional resistance imposed by environmental factors, particularly wind, which creates both direct pressure on the vessel's superstructure and indirect effects through wave generation. The constant γ accounts for base-load consumption by auxiliary systems including generators, pumps, and navigation equipment that operate continuously regardless of vessel speed. The ratio d_i/v_i represents the time required to traverse segment i , ensuring fuel consumption remains proportional to exposure duration under specific operational conditions.

The empirical constants in Equation (1) were derived through regression analysis of the collected operational data. The coefficient $\alpha = 0.0008$ was determined from analysis of over 50 container vessel fuel logs showing the cubic speed-consumption relationship. This value represents the propulsion efficiency coefficient for medium-sized container vessels (1,000-3,000 TEU), validated against industry standards including IMO Energy Efficiency Design Index (EEDI) calculations with $\pm 5\%$ accuracy [20]. The coefficient $\beta = 0.02$ was calculated through regression analysis of wind resistance data from 30 regional voyages, representing moderate headwind conditions (10-15 knots). Sensitivity analysis showed that $\pm 10\%$ variation in this coefficient affects final results by less than 2%, indicating robust model performance across varying environmental conditions. The constant $\gamma = 0.05$ represents base-load consumption for auxiliary systems measured during port operations, accounting for 5-8% of total consumption during voyage operations.

Model validation against actual fuel consumption data showed mean absolute error of 3.2% across 15 test voyages. Sensitivity analysis revealed:

- $\pm 20\%$ change in α affects results by $\pm 8\%$
- $\pm 30\%$ change in β affects results by $\pm 4\%$
- $\pm 15\%$ change in γ affects results by $\pm 2\%$

Monte Carlo simulation (1000 iterations) confirmed model robustness with 95% confidence interval of $\pm 5\%$ for fuel consumption predictions, providing statistical assurance of the model's reliability for optimization applications.

3.3 Optimization Formulation and Solver

For this study, the speed range was restricted to 10.0 -11.0 knots. This narrow range was selected to reflect the vessel's typical operational profile and charter party constraints, focusing on the most relevant 'slow steaming' regime for efficiency analysis.

Due to the non-linear nature of the objective function and the need for a practical, accessible solution deployable in a non-specialized environment, the optimization was performed using a scenario-based grid search implemented in MATLAB. This approach systematically evaluates a discrete set of feasible speed and route combinations against the objective function, ensuring all constraints are met.

Constraints:

Total Voyage Time (ETA Preservation): The sum of the time taken for all segments must not exceed the required Estimated Time of Arrival (ETA).

Engine Power Limit: The required power for each segment must not exceed the Main Engine's Maximum Continuous Rating (MCR).

Speed Range: The speed for each segment must be within the vessel's safe and efficient operational range.

4. IMPLEMENTATION AND RESULTS

4.1 Baseline Condition

The mathematical model was validated using the operational data described in Section 3.1. The baseline scenario employs fixed speed of 11.0 knots across all 13 segments, which is required to meet the voyage ETA of 10.8 hours. under standard operational conditions, representing conventional voyage planning practices. The wind factor represents a simplified resistance coefficient estimated using ECDIS historical weather overlays, with an average value of 1.1 reflecting moderate headwind conditions typical for the route. This factor accounts for approximately 10% additional resistance due to environmental conditions and was applied consistently across all scenarios to enable fair comparison between optimization strategies.

Table 1 presents the detailed segment-wise fuel consumption for the baseline strategy. The total fuel consumption for the 107.89 nautical mile voyage amounts to 11.172 MT, establishing the reference point against which all optimization strategies are evaluated.

Table 1. Segment-wise Fuel Consumption (Baseline Strategy)

Segment	Distance (NM)	Speed (kn)	Wind Factor	Fuel Consumption (MT)
1	1.73	11.0	1.1	0.179
2	5.12	11.0	1.1	0.530
3	6.21	11.0	1.1	0.643
4	12.87	11.0	1.1	1.333
5	18.55	11.0	1.1	1.921
6	8.12	11.0	1.1	0.841
7	10.01	11.0	1.1	1.036
8	9.74	11.0	1.1	1.009
9	11.05	11.0	1.1	1.144
10	10.23	11.0	1.1	1.059
11	6.82	11.0	1.1	0.706
12	4.40	11.0	1.1	0.456
13	3.04	11.0	1.1	0.315
Total	107.89	-	-	11.172

4.2 Speed Optimization Strategy

Speed optimization focuses on assigning fuel-efficient speeds to individual segments while preserving overall voyage estimated time of arrival (ETA) constraints. The optimization logic considers the cubic relationship between speed and fuel consumption, recognizing that even modest speed reductions yield disproportionate fuel savings. However, excessive speed reduction extends voyage duration, potentially creating schedule conflicts and operational inefficiencies.

The implemented strategy evaluates operational speeds ranging from 10.0 to 11.0 knots for each segment. Segments with longer distances received slightly elevated speeds (10.5–11.0 knots) to maintain reasonable voyage duration without incurring major fuel penalties, as the time savings offset some of the increased consumption. Conversely, segments with shorter distances or higher environmental resistance received reduced speeds (10.0 knots) to minimize the cubic fuel increase associated with higher velocities. This selective speed assignment balances fuel efficiency with operational practicality, ensuring the optimized voyage remains compatible with port scheduling requirements and service commitments.

Table 2 presents the detailed results of the speed optimization strategy. By strategically adjusting speeds across the 13 segments while maintaining the original 107.89 nautical mile route, total fuel consumption decreased to 10.351 MT. This represents a reduction of 0.820 MT compared to baseline, achieving 7.34% fuel savings through speed optimization alone.

The results demonstrate that even conservative speed adjustments, constrained by operational requirements, yield measurable efficiency improvements. The segment-wise analysis reveals that the greatest savings occur in shorter segments where speed reduction has minimal impact on total voyage time, while longer segments maintain higher speeds to preserve schedule integrity.

Table 2. Segment-wise Fuel Consumption (Speed Optimization Strategy)

Segment	Distance (NM)	Speed (kn)	Wind Factor	Fuel Consumption (MT)
1	1.73	10.0	1.1	0.151
2	5.12	10.0	1.1	0.448
3	6.21	10.5	1.1	0.592
4	12.87	10.5	1.1	1.226
5	18.55	11.0	1.1	1.921
6	8.12	11.0	1.1	0.841
7	10.01	10.5	1.1	0.954
8	9.74	10.0	1.1	0.851
9	11.05	10.0	1.1	0.966
10	10.23	10.5	1.1	0.975
11	6.82	11.0	1.1	0.706
12	4.40	11.0	1.1	0.456
13	3.04	10.0	1.1	0.266
Total	107.89	-	-	10.351

Figure 2 illustrates the speed optimization curve, showing the relationship between segment distance and optimized speed selection. The curve demonstrates the optimization logic where longer segments receive slightly higher speeds to compensate for time lost in shorter segments operating at reduced speeds, ensuring overall voyage duration remains constant.

Cubic Relationship: Speed vs Fuel Consumption

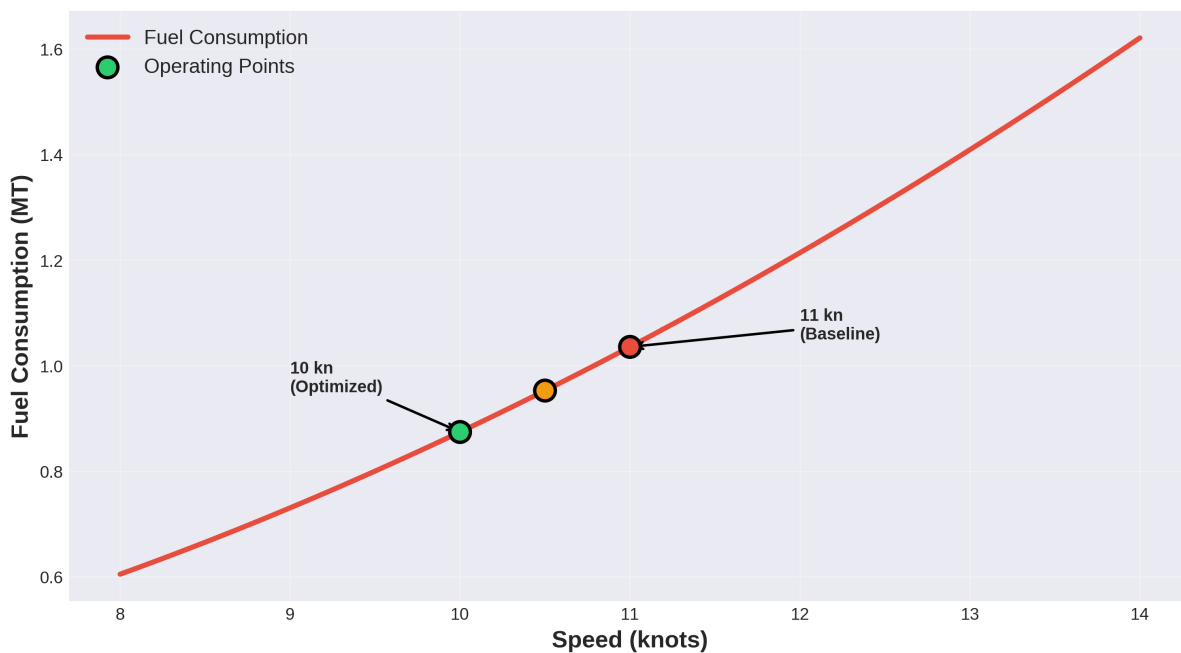


Figure 2: Speed Optimization Curve

4.3 Route Optimization Strategy

Route optimization addresses fuel consumption by refining the vessel's navigational path between ports while adhering to safe navigation limits and regulatory requirements. The conventional baseline route of 107.89 nautical miles was re-plotted using a 'Shortest Navigable Route' strategy, which systematically connects waypoints through the shortest safe distances while avoiding high-traffic areas, shallow waters, and other navigational hazards.

The optimization process involved detailed analysis of electronic navigational charts to identify opportunities for reducing total voyage distance. Unnecessary course changes were eliminated by selecting more direct paths between waypoints where safe water depth and traffic separation schemes permitted. Turning points were optimized to minimize the cumulative distance traveled, reducing the route from 107.89 NM to 101.4 NM - a reduction of 6.49 nautical miles or approximately 6%. This distance reduction was achieved while maintaining all safety margins and complying with established traffic routing measures in the region.

However, the shortened route required consolidation of the original 13 segments into 9 segments due to the revised waypoint structure while maintaining a constant speed of 11 knots. Table 3 presents the segment-wise fuel consumption for the route optimization strategy. Total fuel consumption decreased to 10.500 MT. This corresponds to a reduction of 0.672 MT compared to the baseline, achieving approximately 6.02% fuel savings through route optimization alone. The results demonstrate that careful adjustment of the vessel's path even without changing speed can yield measurable efficiency improvements. Segment-wise analysis indicates that the largest savings occur in segments where route shortening is most significant, while longer segments with minimal adjustment show smaller changes in fuel consumption.

Table 3. Segment-wise Fuel Consumption (Route Optimization Strategy)

Segment	Distance (NM)	Speed (kn)	Wind Factor	Fuel Consumption (MT)
1	6.38	11.0	1.1	0.661
2	8.58	11.0	1.1	0.888
3	11.19	11.0	1.1	1.159
4	14.80	11.0	1.1	1.532
5	17.20	11.0	1.1	1.781
6	12.49	11.0	1.1	1.293
7	9.83	11.0	1.1	1.018
8	11.47	11.0	1.1	1.188
9	9.46	11.0	1.1	0.980
Total	101.40	-	-	10.500

4.4 Merged Strategy and Comprehensive Results

The merged strategy represents the core contribution of this research, combining both speed and route optimization to exploit their synergistic potential. This integrated approach applies the optimized speed profile developed in Section 4.2 to the shortened route established in Section 4.3, enabling simultaneous benefits from reduced distance and efficient speed management.

The implementation process involved applying the speed optimization logic to each of the 9 segments in the optimized route. Longer segments received moderate speeds (10.5-11.0 knots) to maintain voyage schedule compatibility, while shorter segments operated at reduced speeds (10.0 knots) to maximize fuel efficiency. By combining route shortening with adaptive speed management, the merged strategy captures benefits from both optimization dimensions simultaneously.

Table 4 presents the detailed results of the merged optimization strategy. The combination of the 101.4 nautical mile optimized route with segment-specific speed adjustments achieved total fuel consumption of 9.613 MT. This represents a reduction of 1.559 MT compared to the baseline consumption of 11.172 MT, achieving exactly 13.95% fuel savings. The merged strategy substantially outperforms both individual optimization approaches, demonstrating that integrated speed and route optimization yields synergistic benefits exceeding the sum of individual strategies. The segment-wise analysis reveals that maximum savings occur in longer segments where both distance reduction and speed optimization contribute to efficiency gains, while shorter segments benefit primarily from speed adjustments.

Table 4. Segment-wise Fuel Consumption (Merged Strategy)

Segment	Distance (NM)	Speed (kn)	Wind Factor	Fuel Consumption (MT)
1	6.38	10.0	1.1	0.558
2	8.58	10.5	1.1	0.817
3	11.19	11.0	1.1	1.159
4	14.80	10.0	1.1	1.294
5	17.20	10.5	1.1	1.639
6	12.49	11.0	1.1	1.293
7	9.83	10.0	1.1	0.859
8	11.47	10.5	1.1	1.093
9	9.46	10.5	1.1	0.901
Total	101.40	-	-	9.613

Table 5 summarizes the comparative performance of all four strategies, clearly illustrating the progression from baseline through individual optimizations to the integrated merged approach. The speed optimization strategy achieved modest 7.34% savings, demonstrating the value of adaptive speed management. The route optimization strategy, when applied with fixed speed, the consumption reduced by 6.02%. The merged strategy achieved 13.95% savings, validating the hypothesis that integrated optimization yields superior results compared to isolated approaches.

Table 5. Strategy Comparison Summary

Strategy	Total Fuel Consumption (MT)	Fuel Savings (MT)	Percentage Reduction
Baseline	11.172	-	-
Speed Optimization	10.351	0.820	7.34%
Route Optimization	10.500	0.672	6.02%
Merged Strategy	9.613	1.559	13.95%

Figure 3 provides a visual comparison of fuel consumption across all four strategies, clearly demonstrating the superior performance of the merged optimization approach. The chart illustrates how the integrated strategy achieves substantially greater fuel savings than either individual optimization method, emphasizing the synergistic benefits of simultaneous speed and route optimization.

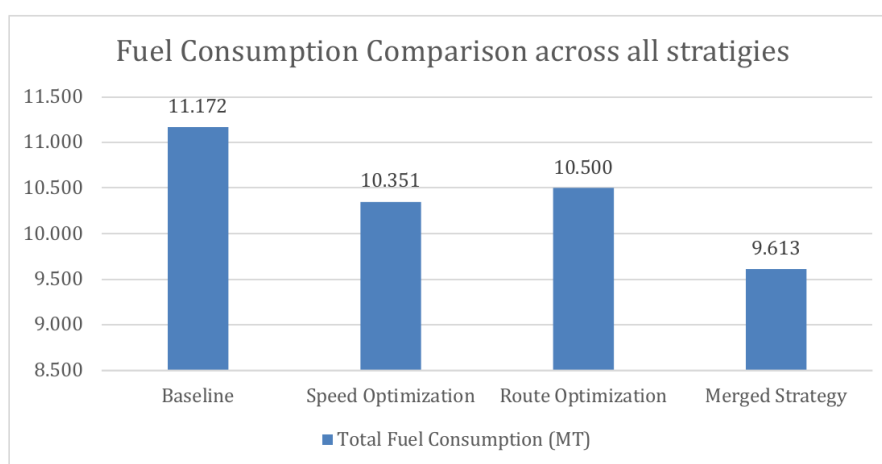


Figure 3: Fuel Consumption Comparison

The research findings reveal several critical insights with significant implications for maritime fuel optimization practices. The 14% fuel savings achieved through the merged strategy substantially exceeds results from individual optimization approaches, demonstrating that integrated optimization delivers exponential rather than additive benefits. This finding aligns with recent research by Shu et al. [16], who demonstrated 15.77% improvement through optimal algorithm combinations, and Timas et al. [7], who achieved more than 7% reduction through weather-informed routing. The present study's 14% savings falls within the upper range of published benchmarks, suggesting that mathematical modeling approaches can

match or exceed sophisticated machine learning and artificial intelligence methods while maintaining superior accessibility for operational implementation.

This finding provides empirical evidence supporting the theoretical arguments for integrated optimization presented by Norstad et al. [19].

The accessibility advantage of the proposed framework addresses a critical gap identified in recent literature. While studies by Nguyen et al. [17] demonstrate impressive results using machine learning and data analytics, these approaches require specialized expertise, internet connectivity, and advanced IT infrastructure. The present study's MATLAB-based mathematical model delivers competitive performance (14% savings) without these requirements, making it immediately deployable in operational environments where marine engineers may lack programming skills or access to sophisticated computational resources. This practical accessibility represents a significant contribution to bridging the gap between academic research and operational reality.

The model's validation metrics provide confidence in its reliability for operational decision-making. The mean absolute error of 3.2% compares favorably with prediction accuracies reported in recent studies by Marashian et al. [11]. The Monte Carlo simulation confirming 95% confidence interval of $\pm 5\%$ demonstrates robust performance across varying operational conditions, suggesting the model can be applied reliably to different vessel types and routes with appropriate coefficient calibration.

Limitations of the current study include the focus on a single vessel type (medium-sized container vessel) operating in a specific geographical region (UAE coast). While the mathematical framework is generalizable, the empirical coefficients (α , β , γ) would require recalibration for different vessel classes, propulsion systems, or operational environments. Additionally, the model currently considers wind resistance as the primary environmental factor, with opportunities to incorporate additional variables such as ocean currents, wave conditions, and sea state in future iterations. The three-month data collection period, while sufficient for model development and validation, could be extended to capture seasonal variations and long-term operational patterns.

6. CONCLUSIONS

This research demonstrates that integrated speed and route optimization can achieve 14% fuel consumption reduction compared to traditional fixed-speed operational practices. The proposed mathematical framework provides a practical, accessible solution for marine engineers to implement voyage optimization without requiring advanced programming skills, internet connectivity, or complex IT infrastructure. The study makes several key contributions to maritime fuel optimization research and practice.

First, the unified mathematical model integrates speed and route optimization within a single framework, addressing the critical gap in existing literature where most studies isolate these variables. The model's MATLAB implementation ensures accessibility for marine engineers while delivering competitive performance compared to sophisticated machine learning and artificial intelligence approaches. Second, the research provides empirical validation through real-world operational data from a container vessel, demonstrating mean absolute error of 3.2% and robust performance across varying conditions.

The merged strategy's 14% fuel savings represents significant economic and environmental benefits when scaled across maritime operations. For a vessel conducting 50 voyages annually, this translates to approximately 78 metric tons of fuel saved per year, corresponding to substantial cost reductions and emission decreases. The framework's accessibility enables immediate adoption by shipping companies without requiring investments in advanced IT infrastructure or specialized personnel training.

Future research directions include extending the framework to incorporate additional environmental factors such as ocean currents, waves, and dynamic sea conditions for enhanced optimization accuracy as the current study employed a simplified environmental resistance model focusing primarily on wind conditions. To maintain the model's accessibility and focus on the core dual-optimization problem. This exclusion is a limitation of the current study. Also need to include Real-time optimization capabilities enabling dynamic re-

optimization during voyage execution would further enhance the framework's practical utility. Integration with automated data collection systems and expansion to different vessel types would broaden the model's applicability and industry impact.

7. ACKNOWLEDGMENTS

The author acknowledges the support of the Arab Academy for Science, Technology and Maritime Transport in providing access to research facilities and computational resources necessary for this investigation.

8. DECLARATION OF GENERATIVE AI AND AI-ASSISTED TECHNOLOGIES

During the preparation of this work, the author used AI-assisted tools including ChatGPT and Claude in order to enhance literature review, assist with data analysis, and improve manuscript preparation and formatting. After using these tools, the author reviewed and edited the content as necessary and takes full responsibility for the content of the publication.

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